



PLEASE SHIP TO:

Name: _____

Organization: _____

Street Address (No P.O. Boxes): _____

City/Town/Zip Code: _____

Telephone: _____

E-mail: _____

HEALTHY WEIGHT AWARENESS CAMPAIGN MATERIALS

You MUST complete this section for us to process your order for the below materials. The materials below are funded by the USDA. **Please indicate how you will use these materials with the priority population** of Maine people who are participating or eligible to participate in the USDA Food Stamp Program. Schools must meet 50% eligibility for free/reduced lunch (indicate below). Health care providers must use with Maine Care only or must have 50% or greater clients on Maine Care (indicate below). You cannot receive these materials for use at community health fairs.

POSTERS					
ITEM #:		QTY:	ITEM #:		QTY:
7001	These are athletic shoes (Boots)		7010	A winter workout (Sledding)	
7002	These are athletic shoes (Sneakers)		7011	Are your portions in proportion?	
7009	This is an exercise machine (Stairs)		7012	Looking for a place to walk?	
OTHER PRINTED MATERIALS:					
ITEM #:		QTY:	ITEM #:		QTY:
5002	Simple Steps to Better Health and They're Free Brochure		5018	Add One to Every Meal! F&V Brochure & Magnet	
5010	Make Time for Family Fun Brochure		5020	Are your portions in proportion? Brochure & Magnet	
5012	Walk For Life Brochure		5021	Portion Sizes Tip Sheet	
5022	Pack a Healthy Picnic Brochure		7014	Play! Physical Activity Magnet	

PLEASE RETURN ORDER FORM TO:

Tina White
 Physical Activity & Nutrition Program
 286 Water Street, 4th Floor, Augusta, ME. 04330

Fax: 287-4631
Phone: 287-5388
E-mail: tina.m.white@maine.gov



Maine Center for Disease Control and Prevention
Maine Department of Health and Human Services

PLEASE SHIP TO:

Name:

Organization:

Street Address (No P.O. Boxes):

City/Town/Zip Code:

Telephone:

PHYSICAL ACTIVITY & NUTRITION PROGRAM MATERIALS ORDER FORM

ACTION PACKETS:

ITEM #:		QTY
2002	Promoting Trail Development and Use of Safe Community Routes for Walking and Biking	
2003	Develop Policies that Support Healthy Options in Vending Machines	
2004	Using Social Support Networks to Increase Physical Activity	
2005	Create Environments that Increase Vegetable and Fruit Consumption	

HEALTHY MAINE WALKS MATERIALS:

ITEM #		QTY:	ITEM #:		QTY:
3001	HMW Magnets		3003	HMW Brochures	

OTHER MATERIALS:

ITEM #:		QTY:
7000	Now You're Cooking! Facts of Fat! Brochure	
7004	County Fact Sheet: The Burden Of Overweight & Obesity in Maine	
7006	State Fact Sheet: The Burden of Overweight & Obesity in Maine	

PLEASE RETURN ORDER FORM TO:

Tina White

Physical Activity & Nutrition Program
286 Water Street, 4th Floor, Augusta, ME. 04330

Phone: 287-5388 **Fax:** 287-4631

E-mail: tina.m.white@maine.gov